

# UNE CCMP Mentor Resource Library

Listed below are books, card sets, and other materials that are all available to be checked out and used by UNE CCMP mentors. Materials are kept in the CCMP Coordinator's office. Feel free to stop by and check out any item(s) you think would be helpful in your mentoring adventures.

## Reflexions Cards (1 set)



Contemporary cards with images and words to serve as conversation starters to help young people discuss how they see themselves and how others see them. Includes a booklet that offers situations and possibilities for using the cards.

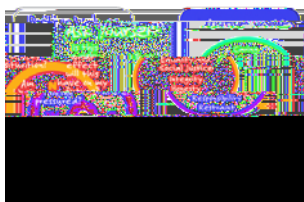
## Strength Cards for Kids (1 set)



Aimed at elementary-aged youth, these cards combine simple, positive concepts with wicked cute graphics for a tool reinforcing the principle that all kids have strengths.

Ideal for building self-esteem, discovering buried strengths, and mobilizing a child's strengths to tackle issues.

## Positive Values Cards (80 cards)



Sturdy, credit-card sized reminders of positive values that should guide kids in life. One side lists 6 positive values, and the other side gives questions to help young people make reasonable choices. Cards include a signature bar so students can sign their commitment.

## In Our Own Words (1 set)

Posters featuring asset phrases and youth responses. For example: "Support Never Give Up On Me – Do Things With Me – Stand Up For Me – Love Me..."



## Bring It On Home Worksheets (1 set)

40 different worksheets with positive ideas that can be used to encourage asset building between elementary-age students and students' parents or other caring adults (mentors!). Topics include "My family loves me and helps me in lots of ways," "I enjoy learning new things," and "I have goals and dreams for the future." Geared toward 4<sup>th</sup> – 6<sup>th</sup> grade students.

## Me At My Best: Ideas for staying true to yourself – every day (~50 booklets)



Booklets designed to introduce developmental assets to youth themselves. Booklets encourage youth to explore what the asset categories mean to them personally and inspires them to find and build upon their own strengths. More geared toward older kids (middle school).

## The Adding Assets Series for Kids (2 sets) Book 1: People Who Care About You



Focuses on support assets such as Family Support, Positive Family Communication, Other Adult Relationships, Caring Neighborhood, Caring School Climate, and Parent Involvement in Schooling. Each asset is introduced by a story and kids learn ways to build family closeness and strengthen relationships.

## Book 2: Helping Out and Staying Safe



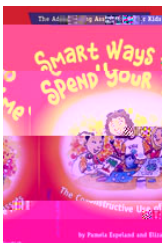
Focuses on Empowerment by way of Community Values Children, Children as Resources, Service to Others, and Safety. Each asset is introduced with a story that teaches kids simple, everyday ways to play useful roles at home and in the community, and to feel safe at home, at school, and in their neighborhood.

## Book 3: Doing and Being Your Best



Focuses on Boundaries and Expectations with Family Boundaries, School Boundaries, Neighborhood Boundaries, Adult Role Models, Positive Peer Influence, and High Expectations. Includes stories, tips, and ideas to show why and how boundaries help kids behave in positive, responsible ways.

## Book 4: Smart Ways to Spend Your Time



Focuses on constructive use of time with Creative Activities, Child Programs, Religious Community, and Time at Home. Includes stories, tips, and ideas to promote healthy, constructive, relationship-strengthening interests and activities.

## NEW! Mentoring for Meaningful Results:

Asset-building tips, tools, and activities for youth and adults. This book is filled with handouts for mentors and mentees as well as handouts for mentors and mentees to use together.



## Ideas That Cook: Activities for Asset Builders in School Communities (1 copy)

A book of 78 inventive activity recipes to get youth creativity flowing.



## Building Assets Together: 135 Group Activities for Helping Youth Succeed (1 copy)

94 interactive group activities for 6<sup>th</sup>-12<sup>th</sup> grade youth and 41 reproducible worksheets to help youth understand their own assets.

## More Building Assets Together: 130 Group Activities for Helping Youth Succeed (1 copy)



A second volume of 130 more challenging and fun activities to engage youth.

## Conversations on the Go: Clever questions to keep teens and grown-ups talking (3 copies)



Book filled with intriguing questions, some deep, some just fun, guaranteed to stretch the imagination and bring out each other's personality and true self. Adults and young people can take turns asking questions.

